

Ipical-M

Calcium, Vitamin D₃ & Minerals

Composition: Each film coated tablet contains elemental calcium BP 600 mg, Vitamin D₃ BP 200 I.U., Copper BP 1 mg, Magnesium BP 40 mg, Manganese BP 1.8 mg, Zinc BP 7 mg, Boron BP 250 mcg.

Description: Ipical-M is a special preparation of calcium, vitamin D₃ & multi-mineral tablet. Calcium, Magnesium and Vitamin D are the macronutrients for bone. Clinical evidence suggests that calcium is useful for the prevention & treatment of osteoporosis and associate fractures. Vitamin D is also essential for healthy bones as it aids in calcium absorption from the GI tract. In addition to this, it stimulates bone formation. Magnesium also increases bone strength and rigidity. Some micronutrients like copper, manganese, zinc and boron also play important role in bone health.

Indication: Ipical-M is a well balanced formula with cofactors helps to maintain strong bones and teeth as well as the health of heart, muscles and nerves. It is also indicated for bone development and constant regeneration of bone, for the prevention & treatment of osteoporosis, as nutritional supplement, in pregnancy and lactation and also in the deficiency state of calcium and vitamin D.

Dosage & Administration: 1 tablet in the morning and 1 tablet at night or as advised by the physician.

Side effect: Orally administered calcium carbonate may be irritating to the GI tract. It may also cause constipation. Hypercalcemia is rarely produced by administration of calcium alone, but may occur when large doses are given to patients with chronic renal failure. Also there may be allergic reactions, irregular heartbeats, nausea, vomiting, decreased appetite, dry mouth and drowsiness. Following administration of vitamin D supplements occasionally skin rash has been reported. Side effects from micronutrients are rare.

Drug interaction: It has possible interaction with digoxin, antacids containing calcium, aluminum or magnesium, other calcium supplements, calcitriol or other vitamin D supplements; tetracycline, doxycycline, aminocycline or oxytetracycline etc. So before taking any of these drugs consultations of the physicians are needed.

Pregnancy & Lactation: It should be used as directed by the physician during pregnancy & lactation.

Overdose: Symptoms of overdose may include nausea and vomiting, severe drowsiness, dry mouth, loss of appetite, metallic taste, stomach cramps, unconsciousness, diarrhea, weakness, headache, constipation, dizziness or irritability.

Storage: Store at a cool and dry place protected from light and moisture. Keep out of reach of children. Keep the container tightly closed.

Presentation: 30 tablets in each plastic container.

Manufactured by:



The IBN SINA Pharmaceutical Industry Ltd.
Shafipur, Gazipur, Bangladesh.